

# October 2024

## North Country Recreation



| Sunday | Monday | Tuesday   | Wednesday | Thursday   | Friday  | Saturday   |
|--------|--------|---|-----------|--|---|--|
|        |        | <b>1 NCR Newsletter</b><br>10am-12:30pm<br>4C ADL Room<br>Bring a lunch<br>*more info below     | 2         | <b>3 Fire Tower Hike &amp; Old Growth Trees</b><br>10am-2:30pm<br>Wannakena<br>Scenic Foliage Views!<br>Bring a lunch        | 4   | 5  |
| 6      | 7      | <b>8 Science Day</b><br>10am-2:30pm<br>4C ADL Room<br>Bring a lunch<br>*more info below         | 9         | <b>10 Dirt Track Racing</b><br>6-8pm??<br>313 Frogtown Rd<br>Hogansburg NY 13655<br>\$20??<br>*more info below               | 11  | 12   |
| 13     | 14     | 15  | 16        | <b>17 Craft Day</b><br>10am-2:30pm<br>at U.U. Church Canton<br>*Make decorations for the Trunk or Treat and play some games! | 18  | <b>19 Canton High vs. Ogdens. High Football</b><br>1-3:30pm<br>Canton High School<br>99 State St. Canton<br>Free, bring/ buy lunch |
| 20     | 21     | 22  | 23        | 24   | <b>25 Trunk or Treat Gouverneur</b><br>6-8pm<br>Free<br>Dress up for fun! | 26   |
| 27     | 28     | <b>29 NCR Bowling Club</b><br>3-5pm<br>Ogdensburg Bowl<br>\$8 for two games<br>*more info below | 30        | 31   |   |  |

**October 1 Newsletter Class-** Join in on the third Newsletter for North Country Rec. Choose a job and have fun creating content for the Newsletter!

**October 8 Science Day-** Everyone gets to dig for rocks and minerals in a box and go home with what they find! There are some really nice local specimens for you. Also, we'll be blasting off a volcano and dissecting owl pellets (only if you want to).

**October 10 Dirt Track Racing-** Come watch some exciting dirt track racing! Bring or buy dinner. **Cost and Time still to be determined!**

**October 29 Bowling Club-** NCR is having an 8 Week Bowling Club! Tuesday's from 3-5pm, \$8- Starting Oct. 29 and ending Dec. 17. We'll make teams and keep score. Make a commitment to your team and come every week!

# November 2024

## North Country Recreation



| Sunday | Monday             | Tuesday  | Wednesday | Thursday  | Friday  | Saturday |
|--------|--------------------|--|-----------|---|---|----------|
|        |                    |  |           |   | 1 Around The World MEXICO!<br>10am-12:30pm<br>4C ADL ROOM<br>Bring a lunch<br>*more info below                      | 2        |
| 3      | 4                  | 5 NCR Bowling Club<br>Ogdensburg Bowl<br>3-5pm<br>\$8  | 6         | 7 NCR Newsletter<br>10am-12:30pm<br>4C ADL ROOM<br>Bring a lunch<br>Final Submissions Due!      | 8   | 9        |
| 10     | 11<br>Veterans Day | 12 NCR Bowling Club<br>Ogdensburg Bowl<br>3-5pm<br>\$8 | 13        | 14  | 15 Hike & Cookout<br>Higley Flow, Colton<br>10am-2:30pm<br>Campfire Cookout,<br>Hiking, Scenary<br>*more info below | 16       |
| 17     | 18                 | 19 NCR Bowling Club<br>Ogdensburg Bowl<br>3-5pm<br>\$8 | 20        | 21 Exercise Group<br>U.U. Church, Canton<br>3-5pm<br>\$1<br>Get moving and<br>start new habits! | 22  | 23       |
| 24     | 25                 | 26 NCR Bowling Club<br>Ogdensburg Bowl<br>3-5pm<br>\$8 | 27        | 28<br>Thanksgiving Day<br>Holiday   | 29  | 30       |

**November 1 Around The World- Mexico-** Come to a presentation on the Country of Mexico. Learn all about Mexico's customs, life style, family life, and more. Enjoy Mexican music and help make a Mexican Dish to share!

**November 15 Hike and Cookout-** Come for a campfire cookout where we'll have hotdogs and hamburgers for lunch, then go for a nice hike in the park. We'll meet at Walmart at 10am, then head into the Park from there! This will be fun!

# December 2024

## North Country Recreation



| Sunday | Monday      | Tuesday   | Wednesday                  | Thursday  | Friday   | Saturday |
|--------|-------------|---|----------------------------|---|--|----------|
| 1      | 2<br>office | 3 <b>NCR Bowling Club</b><br>Ogdensburg Bowl<br>3-5pm<br>\$8  | 4                          | 5   | 6 <b>Around The World SWITZERLAND!</b><br>10am-12:30pm<br>4C ADL ROOM<br>Bring a lunch<br>*more info below | 7        |
| 8      | 9           | 10 <b>NCR Bowling Club</b><br>Ogdensburg Bowl<br>3-5pm<br>\$8                                       | 11                         | 12 <b>Craft Day</b><br>10am-2:30pm<br>Ogds. Conf. Center<br>Make cards for others<br>and cookies for<br>Holiday Party     | 13   | 14       |
| 15     | 16          | 17 <b>NCR Bowling Club</b><br>Ogdensburg Bowl<br>3-5:30pm<br>\$8<br>Pizza Party<br>*more info below | 18                         | 19 <b>Christmas Caroling and Party</b><br>10am-2:30pm<br>U.H. Nurse. H. Canton/<br>U.U. Church Canton<br>*more info below | 20   | 21       |
| 22     | 23          | 24  | 25<br>Christmas<br>Holiday | 26  | 27   | 28       |
| 29     | 30          | 31  |                            |   |  |          |

**December 6 Around the World Switzerland-** Come learn about Switzerland! Where is it located? What language do they speak? What is life like there? And most importantly... what kind of food do they eat? We will try making some authentic Swiss food to share! Please bring a lunch as well. Come ready to learn and have fun!

**December 17 NCR Bowling Club-** Finish off the 8 Week Bowling Club with a Pizza Party! Come play a game bowling, eat pizza, and celebrate your success!

**December 19 Christmas Caroling and Party-** Join us singing Christmas Carols to those in the nursing home. Afterward, we'll head to the U.U Church for the party! Bring a lunch. We'll have hot chocolate and the cookies from last week! Meet up 10am at the United Helpers Nursing Home at 205 Canton-Madrid Rd Canton